

# **4-H Family News**

# **Livingston County**

OCTOBER 2023



# 4-H Club Re-Enrollment Paperwork Due on October 15<sup>th</sup>!

As we enter the 2023-2024 Program year, our 4-H Club Re-Enrollment Paperwork is due on October 15<sup>th</sup>. This is mandatory paperwork for all clubs that includes an Annual Financial Summary Report, Civil Rights Compliance Form, and Club Information Sheet. These are statewide deadlines that local 4-H staff do not have the ability to change. Failure to meet these deadlines will result in club disbanding. If you need help completing these forms, you can sign up to meet with Kat using the following link:

https://www.signupgenius.com/go/10C0E4BAEAE2FA5FBCE9 -administrative

Forms can be emailed (with a clear PDF), mailed, or dropped off to the MSU Extension Office.

#### **UPCOMING MEETINGS & EVENTS:**

**Animal Project Committee Meeting** 

October 3<sup>rd</sup> at 7 pm at the MSU Extension Office

**Horse Committee** 

October 10<sup>th</sup> at 7 pm at the MSU Extension Office

Last Day for Leaders to Meet with Kat for Re-Enrollment Paperwork

October 12th

4-H Club Leader Re-Enrollment Paperwork Due

October 15<sup>th</sup>

**County Award Applications Due** 

October 20th by 5 pm

**Grand Equestrians Committee Meeting** 

October 24th at 7 pm at the MSU Extension Office

**Volunteer Recruitment Night** 

November 3<sup>rd</sup> at 6 pm at Livingston Educational Service Agency

**County Awards Night** 

November 17<sup>th</sup> at 7 pm at 4-H Building at Fowlerville Family Fairgrounds

### **CONTACT US**

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# **COUNTY 4-H NEWS**

# **Enrollment for the 2023-2024 Program Year is Now Open!**



4-H Online is now open for 4-H re-enrollment for members and 4-H leaders. All 4-H members should be enrolled in 4-H online prior to participating in 4-H projects or programming, and we are asking that all of our existing families re-enroll prior to January 1st, 2023. You must reenroll to be an active 4-H member! If you need help re-enrolling, please reach out to Kat - we have paper copies of the forms available at the 4-H office or via email, and we can set up a time to visit your club or for

you to visit us in the office to complete this process. To re-enroll online please log into your account at: <a href="https://v2.4honline.com/#/user/sign-in">https://v2.4honline.com/#/user/sign-in</a> As a reminder, volunteers must be approved gold level volunteers prior to enrolling in 4-H online.

## **County Awards Applications & Awards Night**

County Awards are quickly approaching! All applications can be found on our website

https://www.canr.msu.edu/livingston/livingston\_county\_4\_h/4-h-member-information under County Awards. We also have paper copies at the MSU Extension Office. Applications are due no later than 5pm on October 20<sup>th</sup>, 2023. This is your chance to be recognized for all of the hard work you do in your project areas throughout the year! In addition to your own awards, please consider nominating a leader or volunteer that has made your year in 4-H fantastic!



If you are not eligible or applying for awards this year, we hope you will still join us in recognizing all of the hard work that our 4-H'ers and volunteers have put in over the last year. This year's awards will take place on November 17<sup>th</sup> at 7 pm. More details to come soon!

# Congratulations to Teena Munsell of Kounty Klover Kids 4-H Club!



Please join us in congratulating Teena Munsell of the Kounty Klover Kids 4-H Club who was awarded the Volunteer of the Year 2023 by the Livingston County Farm Bureau. Teena has been a volunteer in Livingston County 4-H for 44 years and has also worked in the MSU Extension Office as 4-H "Agent." Teena is a club leader for Kounty Klover Kids 4-H Club and also runs the agriculture education exhibits at the Fowlerville Family Fair after starting it as a 4-H Service Project. Teena has also served in various other capacities in this county during her many years of service.

This year at the Fowlerville Family Fair, Teena facilitated 4-H cut out signs to be displayed around the grounds and allow youth to take photos. These signs were a huge hit with our youth. Thanks for all your do for Livingston County 4-H Teena!



# **COUNTY 4-H NEWS**

## Volunteer Recruitment Night on November 3<sup>rd</sup> at 6 pm at LESA

Please help us spread the word about our Livingston County 4-H Volunteer Recruitment Night on November  $3^{rd}$  at 6-7:30 pm at Livingston Educational Service Agency. We are looking to recruit more adults interested in helping volunteer as project leaders, administrative leaders, and for much more! Please share our social media post in local groups and tell your friends about this event. You can also find the <u>flyer here</u>. We would love to have many adults attend so we can share with them the many opportunities for volunteering in Livingston County 4-H!



# Promote Livingston County 4-H During National 4-H Week: October 1-7th



National 4-H Week is October 1<sup>st</sup> – 7<sup>th</sup> and this year's theme is I ♥ 4-H. We encourage 4-H clubs and volunteers to help spread the word about the Livingston County 4-H program across the county. If you are interested in putting together a display at a local business or organization, let the 4-H office know! We would be happy to help supply some 4-H swag to display. Some examples of organizations to reach out to are libraries, community centers, schools, and local businesses like feed supply stores. We also still have 4-H signs if any clubs or families want to put one up in their yard or in their community. If you have any questions, please contact Kat.

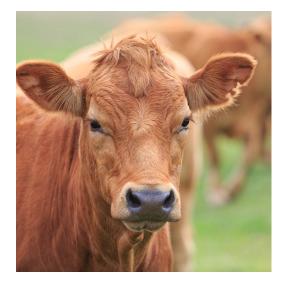
# 4-H Beef Project Animal Selection: Check out MSU Extension Resources!

Are you looking to start a 4-H beef or dairy cattle project for the 2024 Fowlerville Family Fair? It's the right time of year to start looking for your next project animal!

MSU Extension released an excellent article that walks you through how to pick your beef project animal, as well as things to consider such as how to estimate the cost of care for your project animal!

https://www.canr.msu.edu/news/planning\_for\_your\_4\_h\_beef\_project\_a nimal\_calf\_selection

Interested in a dairy cow project? Please reach out to 4-H staff to be put in touch with our project area experts.







# **Livingston County 4-H October 2023**

Sun	Mon	Tues	Weds	Thur	Fri	Sat
1	2	3 <b>7pm -</b> Animal Project Committee General Meeting	4	5	6	7
National 4-H week!						
8	9 Extension office closed	10 7pm - Horse committee meeting	11	12 Club leaders - last day to meet with Kat for Annual Financial documents	13	14
15 Club annual financial paperwork due!	16	17 <b>7pm -</b> 4-H Teen Ambassadors meeting	18	19	20 5pm - County Awards Applications Deadline	21
22	23	24 7pm - Grand Equestrians Committee meeting	25	26	27	28
29	30	Happy Halloween!				

Have a club event you want to highlight? Send it to Kat and we will try our best to add it here!



# STATEWIDE CALENDAR OF EVENTS

# 4-H scholarships available!



Outstanding Michigan 4-H members who are involved at county, regional, state, national or international levels are eligible to apply for Michigan 4-H scholarships to help fund their college experience.

A number of scholarship opportunities exist, ranging in value from \$500 to \$10,000 (over the course of four years). Each scholarship has specific eligibility, be sure to read the requirements to see if you qualify.

# All applications are due by November 1.

Learn more and access applications materials at: www.canr.msu.edu/4\_h\_scholarships\_and\_recognition\_program/4\_h\_scholarships.

#### October 1-7: National 4-H Week

For over 100 years, 4-H has inspired families, shaped careers, and impacted communities. During this week, celebrate the impact of 4-H during National 4-H Week.

www.canr.msu.edu/events/national-4-h-week

#### October 4-15: Fall Tractor Supply Company Paper Clover Campaign

Support 4-H by purchasing a \$1 paper clover at your local Tractor Supply Co. (TSC) store or online! www.canr.msu.edu/events/tractor-supply-co-paper-clover-campaign

#### October 7: 4-H Day at the Wild Pumpkin

4-H families and friends will receive a discount of \$2 off admission, a fun fall prize, a free donut and cup of cider! Sign up required.

www.canr.msu.edu/events/4-h-day-at-the-wild-pumpkin

# October 10: Wild Spartans - Snakes and Frogs: Fieldwork in the Tropics Online

Participants will meet Dr. D. Bruce Means, adjunct professor at Florida State University and biologist with the Coastal Plains Institute and Land Conservancy. Learn about his field work, and the education and career path he followed to get there.

www.canr.msu.edu/events/wild-spartans-series-2023-2024

#### October 18: Adulting 101 - Wealth Building

Online

This workshop will provide tips, tools and goal-setting strategies. Learn about different types of savings and investment products, evaluate your risk tolerance and explore investment timelines. www.canr.msu.edu/events/adulting10110-18-23

# October 23: Michigan 4-H Volunteer Webinar Series - Helping Youth Find Their Spark Online

Explore ways 4-H volunteers can help youth find their spark within their 4-H experience. This session will be offered twice for the convenience of volunteers.

**12-1 p.m. session:** <u>www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-helping-</u>youth-find-their-spark

**7-8 p.m. session:** <u>www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-helping-youth-find-their-spark7pm</u>

#### SAVE THE DATE!

#### November 10-12: Spectacular Youth Leadership Institute

Youth ages 13-19 are invited to this leadership program that will focus on service, community leadership, global leadership and more. Youth will stay at a Lansing area hotel, attend classes on MSU's campus and take part in service projects around the Lansing area. Registration coming soon.





# **STATEWIDE 4-H NEWS**

## **Promote 4-H with the 4-H Creative Campaign Contest**

Youth ages 9-19 are invited to create short videos (under 60 seconds) promoting 4-H to their peers. Videos should address the question, "Why You Should Join 4-H!" Be a 4-H spokesperson by using your voice and sharing your 4-H story with others!

This contest is open to Michigan 4-H youth. Those not currently registered for 4-H can do so prior to entering this contest. The deadline for registration and video submissions is January 31, 2024.

A total of six prizes will be awarded to the top videos judged by professionals. There will be two age brackets for this competition:

- 4-H ages 9-13 (as of January 1, 2024)
- 4-H ages 14-19 (as of January 1, 2024)

Each age bracket will have three winners, who will receive the following prizes:

- First place prize: \$100 Amazon gift card
- Second place prize: \$75 Amazon gift card
- Third place prize: \$50 Amazon gift card

The 4-H Creative Campaign Contest is sponsored with a grant from the Michigan 4-H Foundation. More information and contest rules can be found online at <a href="https://www.canr.msu.edu/4-h-clovers-code/contest/">https://www.canr.msu.edu/4-h-clovers-code/contest/</a>. For questions, please contact Kathy Jamieson at <a href="mailto:jamies13@msu.edu">jamies13@msu.edu</a>.

# Join the 4-H Future Squad!

Figuring all this "adulting" out can be hard! If you are a 12-19 year old youth throughout Michigan, join 4-H Future Squad in learning more about important life skills for YOUR future.

4-H Future Squad was inspired by Generation Z youth seeking life skill development for a better future for themselves and their peers. This program is designed to help youth feel prepared and ready to take on the future and adulthood.

The FREE club will meet October 2023 through May 2024. Meetings will involve team-building and will cover areas such as money management, career readiness, stress management, goal-setting, time management, communication, politics, food safety, and basic household tasks. Club meetings will be virtual through Zoom. Club meetings for the 2023-2024 year will take place twice monthly with Monday or Thursday meeting dates on alternating months.

This club can be your primary or secondary club. For more information and to get registered, visit: <a href="www.canr.msu.edu/4-h-future-squad/">www.canr.msu.edu/4-h-future-squad/</a>.







# **MSU Extension Child and Family Development**

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

### **Extension Extra's Parenting Hour**

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

#### Class dates:

- 10/3/2023: Parenting in the Digital Age Part 1: Bullying, Digital Reputation, Sexting
- 10/10/2023: Parenting in the Digital Age Part 2: Online Predators, Privacy Issues, Trafficking
- 10/17/2023: Let's Talk: Parent and Provider Communication
- 10/24/2023: Mathematics for Infants and Toddlers
- 10/31/2023: NO CLASS

Registration: https://msu.zoom.us/webinar/register/WN\_APsEiTFUTfOSwoRU7aQ17g

For more information contact Courtney Aldrich at aldric82@msu.edu

### **Guiding Principles for Highly Successful Parenting**

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

Class dates/times: Thursdays, October 5, October 12, October 19, October 26, November 2 from 11:30 am - 1:00 pm EST

Registration: https://msu.co1.qualtrics.com/jfe/form/SV\_6XReroOy9fS0mKa

For more information, contact Courtney Aldrich, aldric82@msu.edu

### **Building Strong Adolescents**

Are you wondering how to navigate the teen years with your child? Do you wonder how to set limits while still promoting independence and encouraging positive relationships? Join us for this five week parenting education series for parents with children between 9-16 and explore the assets children need to succeed. Certificates of attendance are available.

Class dates/times: October 16, 23, 30, November 6, 13 from 7:30pm-9:30pm EST

Registration: <a href="https://msu.co1.qualtrics.com/jfe/form/SV\_73DJocoHy0wEQzY">https://msu.co1.qualtrics.com/jfe/form/SV\_73DJocoHy0wEQzY</a>

For more information, contact Courtney Aldrich, aldric82@msu.edu

### **Kinship Caregiver Classes**

Kinship Caregiver classes are targeted to relatives caring for another relative's children.

Class date: October 11th "Helping Kids Manage Stress" from 7:00-8:30pm EST

Registration: https://msu.zoom.us/webinar/register/WN msxyZuH0QeS9MsKaD y7Tg

For more information, contact Courtney Aldrich, aldric82@msu.edu

# **Building Early Emotional Skills**

Are you having trouble with biting, tantrums or the "terrible twos?" Building Early Emotional Skills (BEES) is a four-week class for primary caregivers of children 0-3 that teaches about how young children develop social emotional skills and helps give caregivers skills to deal with the stress of caring for children and to help their children develop strong social emotional skills.

Class date: Fridays, October 13, 20, 27, Nov. 3 from 11:30 am – 1:00 pm ET Registration: https://msu.co1.gualtrics.com/jfe/form/SV b9Lggrf98mvrPaS

For more information, contact Courtney Aldrich, aldric82@msu.edu





# **MSU Extension Child and Family Development**

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

### **Early Childhood Professional Development Classes**

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

Title: ABC's of Early Literacy Class Date: October 19<sup>th</sup> Class Time: 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN\_iLVWzzM6Qlimr7VBOCrrPA

Title: Learning to Talk
Class Date: October 27th

Class Time: 1:00PM to 2:30PM

Registration: https://msu.zoom.us/webinar/register/WN\_7uUWdABOR266czLJYKyu7A

For more information contact Vivian Washington at washi138@msu.edu

#### **Online Self-Paced Classes**

These free online classes can be completed on your own at your own pace.

#### **Positive Discipline**

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a "parent and caregiver" track and a "professional" track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

Registration: <a href="https://www.canr.msu.edu/courses/positive-discipline-online-course">https://www.canr.msu.edu/courses/positive-discipline-online-course</a>

For more information contact Courtney Aldrich at aldric82@msu.edu

#### **Infant Safety**

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called "Sleeping, Crying, Driving." This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

Registration: <a href="https://www.canr.msu.edu/early\_childhood\_development/infant-safety/">https://www.canr.msu.edu/early\_childhood\_development/infant-safety/</a>

#### **MI Parenting Resource**

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

Registration: https://miparentingresource.org/

For more information contact Courtney Aldrich at aldric82@msu.edu